

## Private Coaching & Consulting w/Diana

To work with Diana on a private-one-to-one basis, you have 2 options, the Create Your Success Coaching Package or the Full Day Consultation with Diana.

### “Create Your Success” Coaching Package

Diana works with select VIP clients for a minimum of 6 months... Create Your Success Coaching with Diana will give you the **RESULTS** that you want for your personal life and your business. . Sessions are held weekly via phone and your private coaching package includes assessments, resources and valuable support. Diana only accepts clients who are highly motivated and are high achievers. She gives you “homework” designed to move you forward to your goals **FAST!** If you are interested to coach with Diana. Please contact us to schedule a short, **FREE**, consultation to see if there’s a good fit.

### “Full-Day Consultation w/Diana”

Imagine that your life is exactly the way you’d like it to be. Wouldn’t it be great?

**Design Your Life Day** is your own personal strategic planning retreat.

One of the biggest challenges people have is having the **clarity they desire, the time they need and the energy to take action!**

In order to create what we want for our lives, you need to have a **VISION** and you need to have a **SOLID PLAN OF ACTION.**

Yet most of us are just too busy to do either justice! Our brains are “fried”.  
Overwhelmed and overbooked.

**It’s nearly impossible to get a destination without a road map!**

In the “Design Your Life Day” you have the opportunity to –

1. Take a **well deserved** rest, **clear** your mind
2. Do something different, invest in yourself!
3. Get **EXPERT** advice and strategies

### Why do the “Design Your Life Day”?

Powerful corporations know the value of strategic planning retreats. The upper levels of most corporate teams participate in these types of retreats year after year. They do it because it creates the *Results* they want. They formulate their **VISION** and create a plan to support— and it works!

Doesn’t your life deserve this same kind of attention? Absolutely! How can we succeed with the **BIG** dreams and goals if we don’t take time to re-charge and re-focus?

## **“Design Your Life Day” could help you to:**

- Launch a new business concept
- Turn your passion into profits
- Map out what’s next in your career
- Tap into your “purpose”
- Unleash your own storehouse of creativity
- Create a plan for increasing income
- Rejuvenate and restore energy and confidence
- Manage time more effectively
- Overcome obstacles that are in the way
- Create a plan for a richer, more meaningful life.

## **Who should experience a “Design Your Life Day”?**

People just like you, who have a deep desire to live life fully and with meaning, who understand the value of investing in yourself 1<sup>st</sup>!

The “Design Your Life Day” is ideal for you if:

- 1. You are a “person in transition”- Are you: recently divorced, have an empty nest, or are you being downsized?**
- 2. You describe your life as” good” but not “great” and you are excited to explore “what’s next” for your life.. Are you ready to start up a new phase in your life? Maybe launch your own business?**
- 3. You are a small business owner and you want to focus on Building Your Business and Creating Breakthroughs FAST!**

In my coaching practice and numerous workshops, I have worked with small business owners, financial planners, coaches, stay at home moms, physicians, chiropractors, attorneys, corporate managers and VP’s, holistic health practitioners, artists, graphic designers, and MORE...

## **What can I work on at my “Design Your Life Day”?**

- Time management skills
- Healthy daily routines and self care program
- Business goals
- Relationship building
- Improve communication and feedback skills
- A brighter financial picture
- Leveraging your strengths

- Contributing your unique gifts and talents
- Using the Law of Attraction to bring in more of what you want!
- Reconnect to yourself and spirituality
- Learn a simple, powerful technique to overcome fear and self sabotage

## **Whether it's your business or personal life- or BOTH The Life Design Process™ provides you with a step by step System for Your Success!**

### **Where Do We Meet?**

That Depends on Your Desires and Your Personal Style... Want to stay at a charming Inn located in the heart of a historic town with great little shops and restaurants? Or maybe you'd rather stay at fancy, big hotel with all the amenities? We can help you make your stay perfect for you!

### **What about Transportation?**

No worries, I will arrange for you to be picked up in style (Limo or Town Car) if you are flying in to Columbus. Most likely, you will not need to rent a car during your stay.

### **I really want to relax, too, or is Will This Be All Work?**

Our Success Strategy Session will begin sharply at 9 am and last until 5:00 pm. Prior to your Consultation, you will be given "Pre-Work" that will create our agenda. From the minute we begin to work together I will give you my undivided attention and focus. I'll expect the same from you, too! So yes, we will roll up our sleeves and get to work on giving your life and business a "makeover". We will have a delicious, gourmet catered lunch (my treat) and healthy, delicious snacks and beverages throughout the day. If you'd like to extend your stay beyond the consultation day so you can relax and unwind, we can help to arrange Spa Services, sightseeing and shopping.

### **Sounds Great, How Much Does Your All Day Consultation Cost?**

Your investment for the Full-Day Consultation is 2,500.00 USD, which also includes Gourmet Lunch and Luxury Transportation to and from the airport. Your travel expenses and hotel costs are your responsibility.

### **Still Have Questions?**

Please email or call Diana ( [Diana@DianaLong.com](mailto:Diana@DianaLong.com)) 740-657-1699. We( My assistant or myself) will be happy to answer any questions you may have. We look forward to talking with you!